

## **ADDITIONAL RULES FOR LSR**

**Adopted on 21st February at the Annual General Meeting 2010**

### **General**

- ⊖ LSR is open to all Full and Junior Members, subject to them undergoing a session of assessment, held at the range, where they will be given training and guidance specific to indoor shooting. Any member judged to have a sufficient level of competence and discipline will be accepted. Student members will be unable to take part in LSR
- ⊖ Sessions will only take place at pre-arranged times and dates. These will be promulgated in advance.
- ⊖ The use of the Village Hall is administered by the Village Hall Committee. Shebbear Shooters is, therefore, answerable to them in the event of anything untoward occurring.
- ⊖ When we use the Hall there is a list of instructions and information with which we are expected to comply. This list is Addendum 1 to these rules.

### **Safety**

- ⊖ Shooting indoors introduces additional risk of injury and damage caused by unsafe behaviour. It is therefore essential that all safety rules are conscientiously followed.
- ⊖ There follows the contents of the LSR Safety Card:-

To be read by all guests and new club members.

- 1. NEVER point a gun at anybody.**
- 2. Always check that the gun is NOT loaded before handing it to anybody, placing it on the shooting table or anything other than preparing to shoot.**
- 3. Always obey the commands of the Range Officer:- These will be orders such as**  
"In your own time you may now shoot your card"  
"Lay down your weapons with the bolt open"  
"Cease shooting"  
"Step back from the table"  
**There may be other commands depending on circumstances.**
- 4. Never move forward of the shooting tables without specific permission of the Range Officer**
- 5. If you need to recharge your gun with air, double check that it is unloaded and the bolt open. If you require assistance ask an experienced member for help.**
- 6. Be sure you know the locations of fire extinguishers and emergency exits.**
- 7. Distracting, unsafe or unseemly behaviour will not be tolerated.**

### **Shooting LSR**

- ⊖ LSR is an indoor discipline using light sporting rifles, standing, at a range of 20 yards.
- ⊖ The weight of the rifle with accessories (e.g. scope, glove, silencer) is to be no greater than 4.5 kg.
- ⊖ The minimum trigger pull is to be 500 g.
- ⊖ Either .22 or .177 calibre is permitted.
- ⊖ A round consists of ten shots into either one or (if for competition) two NSRA target cards.
- ⊖ There is no specification for sights or scopes.
- ⊖ There is no time limit when shooting a card – except when shooting a timed competition.
- ⊖ No part of the body may touch the table or barrier whilst shooting.
- ⊖ Average scores are calculated using the best ten out of the last twelve cards shot.
- ⊖

### **Attendance Sheet**

- ⊖ There will be a dated Attendance Sheet which needs to be read and understood by all shooters who are new to the discipline
- ⊖ The form consists of several columns as follows:-
  - Printed name of participant
  - Whether Member or Guest
  - ✓ to show that the session fee has been paid
  - Participants signature to indicate that they have read and understood the legal declaration near the top of the sheet

### **Session Fee**

- ⊖ The session fee is currently set at £3.00
- ⊖ The fee is to be paid to a club officer, in cash at the start of each session
- ⊖ No credit will be permitted

## **Behaviour and Etiquette**

- The first several minutes of any session are taken up with setting up the back board, target holders / pellet catchers, tables, protective covers, etc. It is expected that participants will arrive in good time to assist with this
- Likewise the last several minutes of a session are taken up with clearing all the equipment away and, similarly, participants are expected to assist.

Our use of the hall is administered by the Village Hall Committee and as such we will be expected to treat all the equipment with due respect. We are further expected to leave the hall in its 'not-in-use' state. Hall procedures are detailed in an Addendum to these rules.

## **NSRA Rules and information**

- The NSRA rules that control the indoor disciplines form Addendum 2 to these rules.
- The NSRA and certain local organisations run competitions that are open to us, both as a club and as individual NSRA members. An outline of these competitions form Addendum 3 to these rules.